



## Medication Contract

If your child has received a prescription for ADHD medication, it is recommended that you sit down with him or her and discuss how to safely and responsibly take their medication. The Medication Contract can be used to structure this conversation.

### **WHO SHOULD USE A MEDICATION CONTRACT?**

Parents should use this tool to speak with their children about their medication. Having your child sign a Medication Contract provides a good reminder of how to safely and responsibly take medication.

### **HOW SHOULD IT BE USED?**

Have your child complete the information box with the name of his or her medication, the dosage, and the times of day that the medication is to be taken.

Read each agreement together with your child, and make sure he or she fully understands them.

Have your child sign and date the Medication Contract and update it if their medication regimen changes.

# Medication Contract

I, \_\_\_\_\_, understand that my doctor has given me medication that will help me with my ADHD.

- I understand that my doctor wants me to take a **specific amount of my medication at a specific time** of day.

<b>Name of my medication:</b>	
<b>Dosage:</b>	
<b>Time(s) of day that I take my medication:</b>	

- I understand that I should **NOT** take any *more* or any *less* of my medication unless my doctor tells me to do so.
- I understand that **I am the only person** that should take my medication. I promise not to give my medication to anyone else, because it could harm them.
- I promise to **tell an adult** (such as my parents or my teacher) if my medication has been **lost or stolen**.

I understand all of the rules above, and I promise to follow them so that I stay safe while taking my medication.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_