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Focusing together on ADHD

Transitioning from Elementary to Middle School

This tool serves as a handy timeline and checklist to keep track of the things you and your child can prepare for to have a smooth transition into middle school.

WHO SHOULD USE THIS TOOL?

This tool is meant to be used by the parents of children who will be transitioning from elementary to middle school.

HOW SHOULD IT BE USED?

This tool is general timeline showing the end of your child's last year of elementary school, summer break, and the first few weeks of middle school. The timeline is marked throughout with general suggestions on when to take certain steps that can help your child manage their ADHD as it relates to school. Some of these steps include sending introductory letters to your child's new teachers and touring the school with your child during the summer to locate your child's locker and classrooms.

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